

Governors Challenge – Peer to Peer Subgroup

Meeting Minutes

Peer to Peer Subgroup Meeting	
Date	June 8, 2020
Time	2:00 p.m.
Location	Zoom Video Conference
Join Zoom Meeting	https://mt-gov.zoom.us/j/96739314396?pwd=aHlwK2JOazdnQjVtRDU5L2Q1ZFppUT09
Meeting ID	967 3931 4396
Password	679417

Attendance	
Col. Gregory Olson	Taryn Phillips
1LT Michael Noyce-Merino	Robert Mortenson
Jess Hegstrom	Matt Furlong
Megan Grotzke	Elizabeth Crabtree
Karl Rosston	Heather Zimmerman
Doug Stepina	Megan Cox

Meeting Minutes	
Discussion Topics	
Col Olson	Welcome
Matt Furlong	Toolkit
<p>Matt sent Jess a few more links for examples of different toolkits to choose from. He mentioned something that is essential is to define the job descriptions. Typically, the role of informal peer supporters is still considered a formal role, but they are not licensed. He suggested we call the informal peers something on the line of Peer Coaches, and formal peer supporters Peer Support Specialist. The job descriptions of formal and informal are about the same, with some changes to the Peer Support Specialists in the core functions. This team needs to decide the definition and duties between formal and informal. Matt offered to put together a workgroup to develop a specific toolkit for this team. The workgroup will consist of staff from the Montana Peer Network, Bob McCabe, and Jason from Helena Indian Alliance. Anyone from this group who wants a part of the workgroup can contact Matt know. Jess mentioned the group is starting to get invoices, so the group needs to get on track with the goals and produce the toolkit asap. The workgroup will meet twice this month to produce the toolkit by June 26th.</p>	

Jess asked for clarification of what is the vision of what this role (peer supporters) is going to do and what do they need. Elizabeth and Matt explained the intention of the toolkit is to define roles and responsibilities, what training is suggested, where and how the trainings are available, and the definition between informal and formal peer supporters (Peer Coach vs Peer Support Specialist).

Matt will schedule the meetings of the workgroup. The first meeting of the workgroup will determine each participants action and the due dates. The second meeting will be to review the first draft of the toolkit, make revisions as needed, and submit the second draft to Kelly and Col. Olson. The second draft is due to Kelly and Col. Olson by June 26th for the final revisions.

Group	Goals and Steps
	<p>The first step for the group is to decide which trainings to support and provide information on through the toolkit. Since the budget is focused on training informal peers and give scholarships to progress into formal peers, the process needs to focus on for the foundation of the toolkit. The second step would be to focus on the marketing and communication.</p> <p>Objective Zero was mentioned as a great peer support program that uses an app and brings together informal peer supporters all over the state. Through Objective Zero, informal peers go through psych armor training and an hour-long suicide prevention training to become Ambassadors. Megan Cox mentioned she is an Ambassador through Objective Zero, and the app is great and easy to use. The link is: https://www.objectivezero.org/ambassadors.</p> <p>Matt mentioned something to focus on for the toolkit is the rural areas where Peer Support Specialist may not live, but peer coaches do. Peer coaches should be able to work with Peer Support Specialists to provide the most efficient outcome, and the communication between them should be easily accessible.</p> <p>Contacting the people on the survey who would be interested. Reach out to the participants of the survey and tell them we are getting into the groundwork and their input of how the group is ran and how it is managed/organized is vital. Maybe reaching out to organizations and seeing who is interested in participating in the pilot.</p> <p>Organizations (VFW, American Legion, Red White and Blue, NW Coalition, Vet Centers) Megan brought up the challenge of marketing and advertising when there is not a lot of foot traffic through these places from COVID-19. Doug mentioned Vet Centers have maintained face to face and groups, and foot traffic has not slowed down, so advertising through them wouldn't be a challenge.</p> <p>When we move to recruitment, engage with: two veteran outreach coordinators from Missoula and Kalispell who would be a great addition (Doug). Greg Hawes from Great Falls (Bob).</p> <p>Matt suggested to have some kind of reporting for people who engage like they do at Mental Health First Aid. Questionnaires where sent once a month to see how many people have been helped. Data and feedback is vital to new programs.</p> <p>Elizabeth mentioned we do need to do a follow-up questionnaire with the pilots (survey takers) once the toolkit is rolled out.</p> <p>Once the big meeting happens, Megan will create a plan through Teams showing deadlines and who is responsible.</p>

Action Items

Person Responsible	Action	Due Date
1LT Michael Noyce-Merino	<ul style="list-style-type: none">• Create Doodle Poll for the next large group meeting	End of June
Matt Furlong	<ul style="list-style-type: none">• Add 1LT Michael Noyce-Merino to workgroup• Schedule the next two meetings for the workgroup to create the toolkit• Present toolkit draft to group	Week of June 15 th and June 22 nd June 26 th
Kelly Ackerman	<ul style="list-style-type: none">• Contact organizations to see who is interested in becoming a part of the workgroup to pilot the toolkit	June 26 th
Bob Mortenson	<ul style="list-style-type: none">• Contact the team leaders of outreach specialists to follow up on becoming a part of the workgroup	