

Governors Challenge – Peer to Peer Subgroup

Meeting Minutes

Peer to Peer Subgroup Meeting	
Date	July 1, 2020
Time	9:00 a.m.
Location	95 th Troop Command
Join Zoom Meeting	https://urldefense.com/v3/_https://zoom.us/j/2032219669?_;!!GaaboA!9DOdX-egkmjLQwSglbe3b1lyatiQ5UamRcieTHqf9pC0wkNpOuRR9rM6_eiRBVnP7_SZ\$
Meeting ID	203 221 9669
Password	458 426
Dial-in	406-324-5997, 1126#

Attendance	
Col. Gregory Olson	Kelly Ackerman
Taryn Phillips	Megan Cox
Jess Hegstrom	Claire Oakley
Megan Grotzke	Doug Stepina
Karl Rosston	Robert Connell

Meeting Minutes	
Discussion Topics	
Col Olson	Welcome
Karl Rosston	HB696 Contractors
<p>The Governors Challenge contracts were awarded to Billings Urban Indian Health Center, Dog Tag Buddies, L&C County Health Dept, Riverstone Health, Yellowstone United Way 211, and Veterans Navigation Network. Karl presented each contractor, the amounts they were awarded and their point of contacts. Col Olson asked where some of the contractors are located out of. VNN is located in Billings and Kalispell. Dog Tag Buddies is located in Billings but is expanding across the state.</p> <p>Governor Bullock did a press release on the contracts on June 30th. https://www.kulr8.com/gov-bullock-announces-grants-for-veteran-suicide-prevention/article_9fb20390-bb2c-11ea-9345-d3f09e882564.html.</p>	

Kelly went over the highlights of the drafted toolkit. The first discussion of the toolkit was which training programs to require and support. The order of importance was drafted as MHFA, QPR, ASIST, Suicide risk assessment, safety planning and lethal means counseling, and Peer Support Basic Training. After Karl described each training, Kelly mentioned QPR should be #1 and required. The rest should be optional. Megan Cox and Jess mentioned the reason they prioritized MHFA first is because of the more in-depth training that partners with QPR and she suggested to make MHFA and QPR required courses to becoming a Peer First Aid. Kelly brought up her concern that recruitment might be difficult to find volunteers willing to do the 8-hour MHFA course. It was agreed upon to have QPR be a required course, and MHFA be highly encouraged. One of the five trainings need to be completed every year. It does not have to be the same training every year.

Kelly mentioned we need to create a tracking system of the Peer First Aid trainings. Col Olson suggested we create a Certificate of Completion for each Peer First Aid to request on the Facebook page, and this will alert us to start tracking their progress. A database will need to be developed to track their contact information, trainings they have completed, dates of trainings, and their region of service.

Kelly thanked Jess for all the work her workgroup put into the toolkit and asked if there is a timeline for the final draft. Jess stated she can have it finalized by the end of next week (July 6-10). Once the final draft is ready; Kelly will send the Toolkit to the current peers and VSO's to receive feedback. Kelly and Taryn will compile the feedback and report it to the rest of the group by the end of July.

Kelly then moved onto the template of the referral card for Peer First Aids. The referral card on the last couple pages of the toolkit has the questions to be asked, the contact numbers for emergencies, and how to assist someone in crisis. Kelly will find a picture for the front of the card.

Next, Kelly and Jess discussed the implementation of a peer coach program. Doug mentioned the Vet Center in Kalispell is also doing some of the same work, and there might be overlap between the two groups. With peers doing trainings elsewhere, what trainings should be accepted and is there cross training that could be accepted in lieu of our requirements? After discussion, it was decided QPR was the minimum requirement to become a Peer First Aid. If a person has taken other courses, they will need to take QPR as well to be qualified as a Peer First Aid. Jess asked if there should be point of contacts for the VSOs in each region in the toolkit. The group discussed who the point of contacts would be and if that were necessary for the toolkit. The group decided additional contact information should be provided to ensure the Peer First Aid has the resources to be successful. The Peer First Aid needs someone in their region to be accountable for their actions. Kelly told the group she will put some thoughts into this and speak with VSO's to see the best way to go about this. Doug suggested having VNN be accountable and mentors of the Peer First Aids. The Peer First Aids would be able to contact VNN to have the relationship needed. Doug is apart of the board on VNN so he's going to present this idea and report back to us the results.

Action Items

Person Responsible	Action	Due Date
Karl Rosston	<ul style="list-style-type: none">Email Jess a template for the Certificate of Completion	July 1 st
Jess	<ul style="list-style-type: none">Create Facebook pageEmail Toolkit to Peer Support Group to get final input	End of July
Kelly Ackerman	<ul style="list-style-type: none">Reach out to Peers to receive feedback on Toolkit draftFind picture for the referral card	End of July
Taryn Phillips	<ul style="list-style-type: none">Create a database to track Peer First Aids	End of July
Col. Olson	<ul style="list-style-type: none">Schedule the next meeting	End of July - August